



Dra. Tanya M. Román B.S., D.C

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EDUCATION

Doctor of Chiropractic

New York Chiropractic College, Seneca Falls, NY
Graduation date: March 2009



Bachelor of Science

University of Florida, Gainesville, FL, August 2003
Major in Exercise and Sport Science

- Specialization in Fitness and Wellness



EXPERIENCE



Clínica Quiropráctica Metropolitana (Doctor in Chiropractic- Full time)

San Juan, PR
Jan. 2012 to Dec. 2014

- Performed new patient evaluations, ROF (report of findings) and re-evaluations.
- Diagnosed, treated and managed patients.
- Performed patient treatments depending on clinical condition with: Chiropractic Manipulative Technique-Diversified (CMT-D), Flexion/Distractor protocols, Thompson Drop-Table technique, Graston technique, Activator Methods Technique.
- Applied and managed patients physical therapies (TENS, heat, cold, and cold laser therapies)
- Informed patients on different essential health topics like: *The Benefits of Chiropractic Treatment, Ergonomics, Prenatal Chiropractic Care, Stretches and Exercises for Rehabilitation, Nutrition and Purification Treatments.*
- Personally invited by companies to provide employees orientations on: *The Importance of the Spinal Columns Health, and Ergonomics at the Job.*



Clínica Quiropráctica Metropolitana (Chiropractic assistant- Part time)

San Juan, PR
Nov. 2009 to Dec. 2011

- Assisted the Doctor in Chiropractic in all office duties; including clerical work.
- Performed first patient visits, which include neurologic and orthopedic testing
- Informed patients their ROF (report of findings)
- Applied patients physical therapies
- Team player in the clinics promotions and health fairs
- Clinics opening and closing duties

Chiropractic Intern



Seneca Falls, NY
Jan. 2008 to March 2009

Seneca Falls Health Center and NYCC Student Health Center, New York Chiropractic College, Seneca Falls, NY.

- Performed comprehensive examination of the musculoskeletal system through guided mentorship of clinical faculty.
- Diagnosed, treated and managed patients with Chiropractic diversified manipulation, Flexion/Distracton protocols, Drop Table technique, Graston technique, Activator Methods Technique, Manual Soft Tissue techniques and exercise routines.

Lifestyle Appraisal Center & Gator Health & Wellness Center (Intern)

Gainesville, FL.
May 2003 to Aug. 2003



- Perform Personal Fitness Profiles on clients assessing Heart Rate, Blood Pressure, Body fat, Waist to Hip Ratio, Height and Weight, VO2 max, flexibility, muscular strength, muscular endurance, and personal wellness.
- Publicize fitness and wellness news updates at the Student Recreation & Fitness Center and at the Southwest Recreation & Fitness Center.
- Update paperwork and keep inventory of all the activities offered at both Wellness Centers

CERTIFICATIONS

National Board Chiropractic Examination -Part I, II, III and IV.
Licensed by the Puerto Rican Chiropractic Examination Board
NCMIC Professional Liability
CPR and Emergency Cardiac Care Provider
Certified by the American Heart Association



AFFILIATIONS

Puerto Rican Chiropractic Association (Asociación de Quiroprácticos de P.R.)
Puerto Rico Athletic Chiropractic Committee (Comité Deportivo AQPR)
American Chiropractic Association
International Chiropractic Association
Member of Lambda Theta Alpha Latin Sorority, Inc.



SKILLS

• COMPUTER

- Software: Microsoft Windows, Microsoft Office
- ECLIPSE | Practice Management Software
- CLA: The INSIGHT
- Associate Platinum Digital Foot Scanner Software
- Excellent typing skills

• LANGUAGE

Fluent in Spanish and English (reading, writing and speaking)